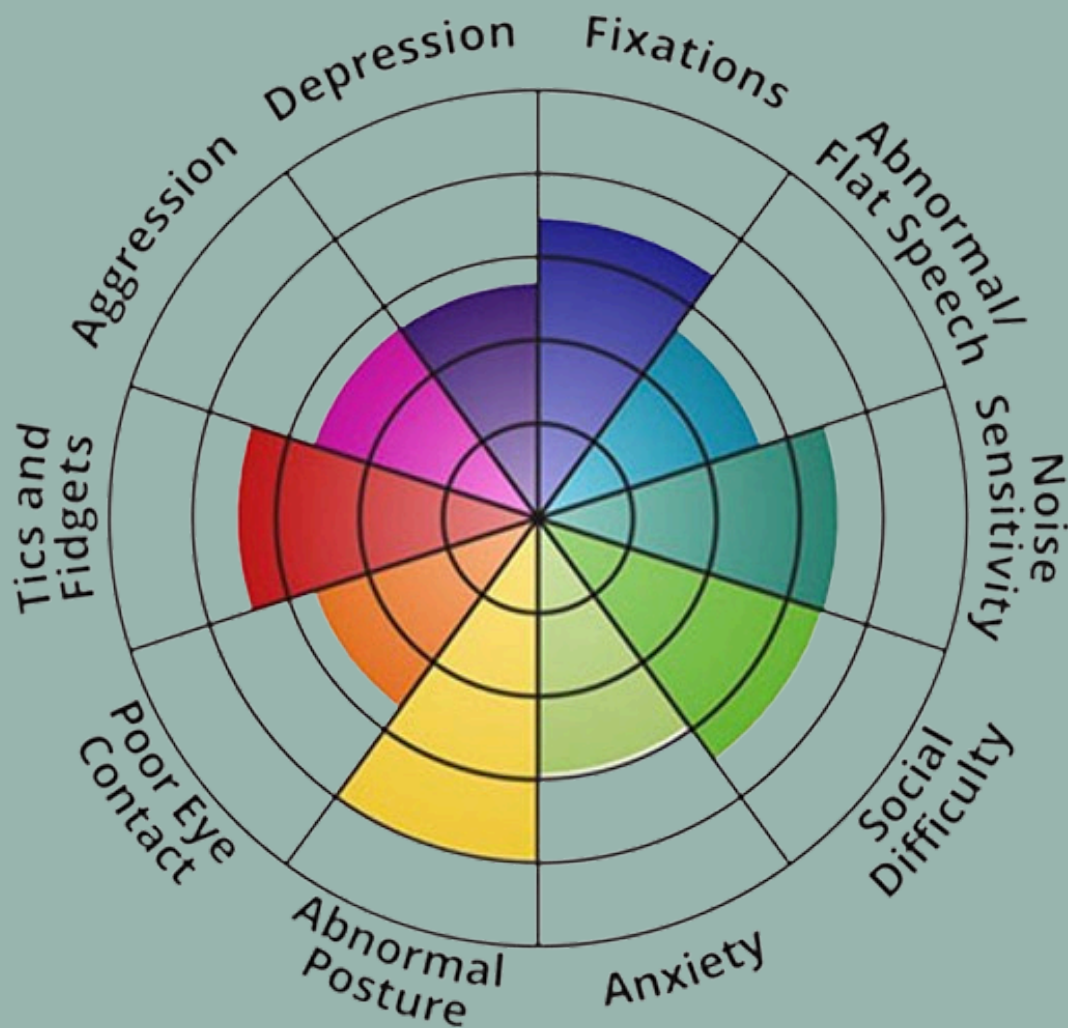


Autism Spectrum:

It's More Than a Linear Experience

The idea of a linear spectrum suggests that one can be "more" or "less" autistic, which oversimplifies the complexity and diversity of Autism. In reality, individuals may experience a range of traits to varying degrees, with some traits being prominent and others absent altogether. This is why Autism manifests in numerous unique ways. The saying goes, "When you've met one person with Autism, you've met one person with Autism," highlighting that each individual's experience is distinct. The traditional spectrum model often emphasizes traits more commonly associated with males, such as repetitive behaviors and social-communication deficits, while downplaying other important characteristics.



Autism Spectrum: It's More Than a Linear Experience

Please rate each trait on a scale of 1 to 10, with 1 being low and 10 being high, based on your personal experience:

